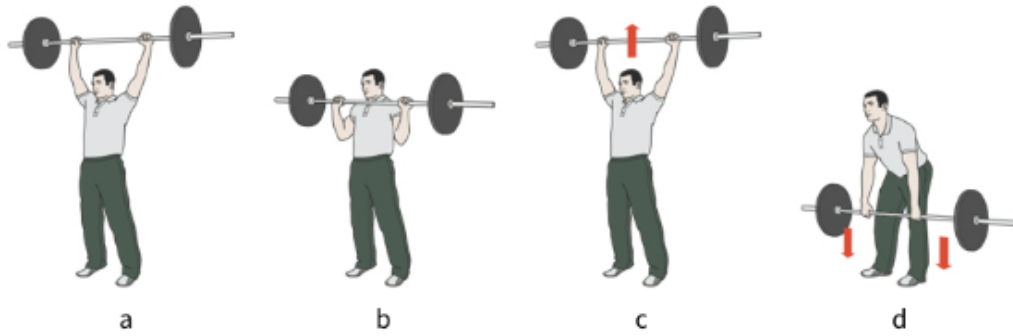


Grade 9 English Giving Instructions worksheet



Look at the pictures above and put the following sentences in order

- 1 The weightlifter lifts the weight onto his shoulders.
- 2 The weightlifter drops the weight to the ground.
- 3 The weightlifter lifts the weight above his head.
- 4 The weightlifter holds the weight above his head for as long as he can.

1	
2	
3	
4	

Rewrite the sentences in the correct order using first, second, third and finally

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Grade 9 English Giving Instructions worksheet

Using the structure found in the blog write a suitable response showing to how to life weights properly. Remember that your essay should include the following:

1. Introduction
2. Body
3. Conclusion

[illegible]

Grade 9 English Giving Instructions worksheet

[illegible]